



**ROTARY YOUTH LEADERSHIP AWARDS**

**2010-2011**

**ORIENTATION DAY - 15 JAN 2011**



Rotary International District 3450  
(Hong Kong, Macao & Mongolia)

# Welcome RYLArrians!



- Welcoming Speech
  - RYLA 2010-2011 Chairlady Chelsia To
  - RYLA 2010-2011 Camp Warden Virginia Pak
- Rotary & RYLA ABCs
- RYLA 2010-2011 Organizing Committee
- The Programme
- Your Preparation
- Team Tasks

# RYLA 2010-2011 Chairlady



**P Chelsia To**

*Rotary Club of Queensway*

*RYLA 2009-2010 Chairlady*

# Camp Warden



**DDRC Virginia Pak**

*Rotary Club of Happy Valley*

# RYLA Advisor



**DG Jason Chan**

*Rotary Club of the Peak*

# RYLA Advisor



## **PDG Peter Wong**

*Rotary Club of Kowloon East  
New Generations Committee  
Chairman*



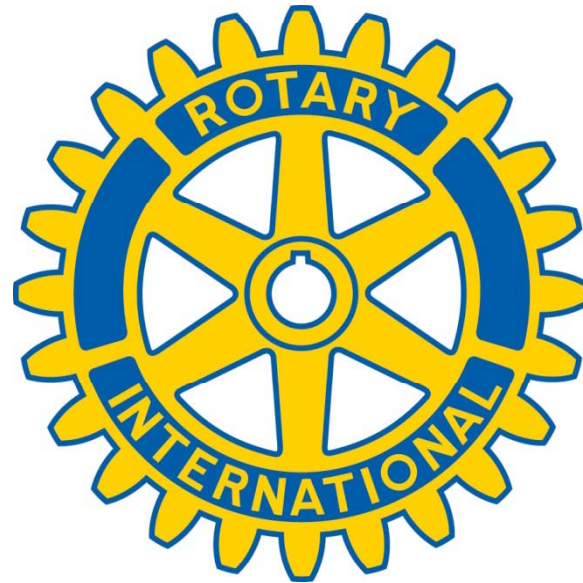
# RYLA Advisor



## **PP Silva Yeung**

*Rotary Club of Kowloon  
Golden Mile*

*RYLA 2008-2009 Chairman*



## WHAT IS ROTARY?

Rotary International District 3450  
(Hong Kong, Macao & Mongolia)

# Rotary ABCs



- A worldwide organization of more than 1.2 million business, professional, and community leaders
- Provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world.
- 33,000 Rotary clubs in more than 200 countries and geographical areas
- Rotary's main objective: Service - in the community, in the workplace, and throughout the world



## WHAT IS RYLA?

Rotary International District 3450  
(Hong Kong, Macao & Mongolia)

# RYLA ABCs



- RYLA – Rotary Youth Leadership Awards
- Rotary's leadership training program for young people which emphasizes on:
  - Leadership
  - Citizenship
  - Personal growth
- Officially adopted by Rotary International in 1971
- More than 10,000 young people trained every year around the world

Theme of RYLA 2010-2011



**Build the Future,  
Bridge the Cultures**

# RYLA Objectives



- To demonstrate Rotary's respect and concern for youth
- To encourage and assist young people in responsible and effective voluntary youth leadership by providing them with a valuable training experience
- To foster continued and stronger leadership of youth by youth
- To publicly recognize the many young people who are rendering service to their communities as youth leaders

# Through RYLA, You Can



- ❑ Develop your leadership skills and character
- ❑ Gain exposure to a variety of issues and people
- ❑ Meet active community leaders
- ❑ Learn valuable information and career skills
- ❑ All the while, you'll also have fun, build friendships, and create memories that will last a lifetime.

# RYLA 2010-2011 OC



**DG Jason Chan, PDG Peter Wong, PP Silva Yeung**  
*RYLA Advisors*



**Chelsia To**  
*Chair*



**Virginia Pak**  
*Camp Warden*



**Shirley Mok, Amy Chan, Ming Wong**  
*Program Team*

# RYLA 2010-2011 OC



## Team Facilitators



**Team 1**

Yasir Naveed, Vivian Yeung



**Team 3**

Anita Chan, June Chan



**Team 5**

Jovex Chan



**Team 2**

Xaviera Leung, Sophia Lam



**Team 4**

Nicole Huang, Jade Chan



**Team 6**

BY Wong

# RYLA 2010-2011 OC

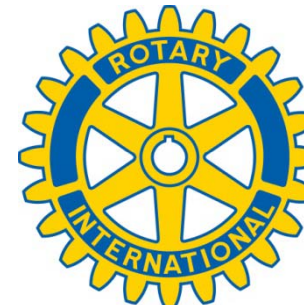


**Platten Tsang, Max Lam, Janice Lee, Ashley Lee, Elle Chui, Nicholas Chiang,  
Victoria Poon, Man Yi Wong, Stanley Siu, Iris Wan, Flora Pau**

*Program Team Members*



**Kaka Lau,  
Natalie Yuen**  
*Administrators*



**Carrie Cheung  
Gyanne Cheng**  
*RIC Staff*

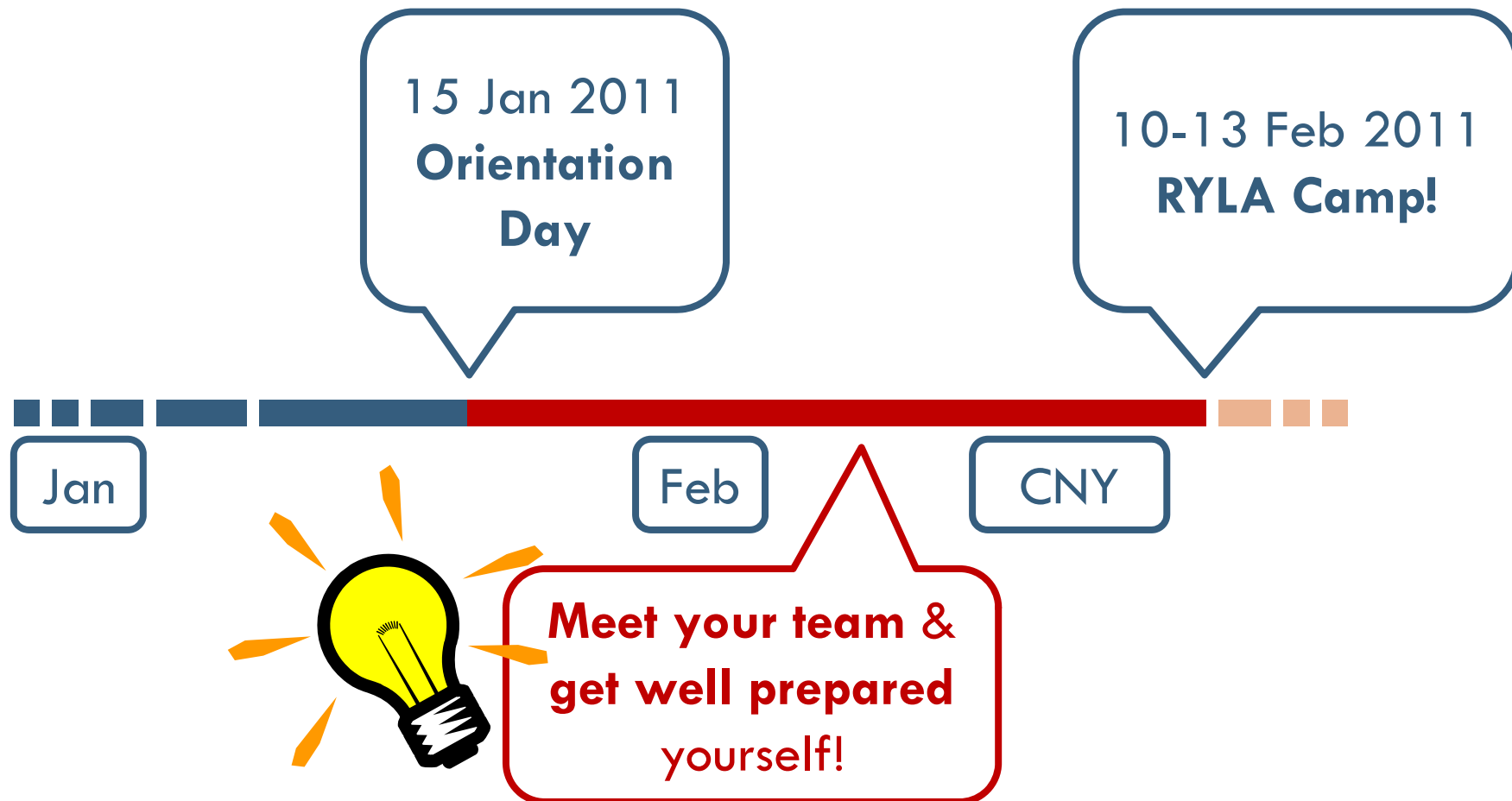
# RYLA!!!



# When?



## The Timeline



# Where?

Shatin  
Railway  
Station



Breakthrough  
Youth Village

# Shuttle Bus Arrangement



- 10 February 2011 (Day 1)
  - **08:15** - Shuttle buses pick up at **Shatin Railway Station** (*Further notice will be sent to you via email*)
  - Buses will leave at 08:30 sharp
  - Registration at Room L1-07 will end at 09:45
- 13 February 2011 (Day 4)
  - Programme ends at 17:00
  - Take our shuttle buses to **Shatin Railway Station** or arrange your own transportation to leave

# Shuttle Bus Pick-up Point



# The Programme



- Programme Elements
  - Teambuilding
  - Self Discovery
  - Personal Commitment
  - Leadership-in-Action Projects
  - Life Education
  - Adventure Challenge
  - Bridging Cultures, Building Future
- Delivery Mode: Experiential Settings

# Your Preparation



- Physically
  - Sleep well and enough
  - Drink enough water
  - Keep a health body – You will need some physical strengths to overcome tasks, though it's a mild one
- Mentally
  - Be relaxed and enjoy our camp!
  - Keep a smile on your face
  - Have a positive thinking mindset & good attitude

# Personal Gear



## DOs

- Clothing
  - Sports or causal wears
  - Trousers
  - Sports shoes
  - Wind jacket
  - Rain coat
  - Cap

## DON'Ts

- Clothing
  - NO sandals, slippers or high-heeled shoes during activities

## Dress Smart in an Outdoor Activity



### Cap

To protect yourself from exposure to sunlight

### Small Backpack

Items you need to take:

- Water bottle (min. 1.5 liters)
- Personal stuffs
- Refreshments
- Towel

### Pants

Pants with the following features are mostly suitable for outdoor activities:

- Lightweight
- Hardwearing
- Weather resistant
- Highly breathable

### Socks

Made with 100% cotton to absorb your aspirations

### T-shirt + Jacket

Common features of good outdoor T-shirts:

- Comfortable
- Lightweight
- Highly breathable

Common features of good outdoor jackets:

- Wind-resistant
- Water-resistant
- Keep body warm
- Durable
- Breathable
- Lightweight

### Walking or Hiking Shoes

Common features of good hiking shoes:

- Comfortable
- Good cushioning
- Great traction
- Stable
- Good arch support
- Durable plate



# Personal Gear

## Choose the Right Shoes for Outdoor Activities



# Personal Gear



## DOs

- Sanitary Items
  - ▣ Toothbrush & toothpaste
  - ▣ Towel
  - ▣ Shampoo & body wash
  - ▣ Other necessary personal care items

## DON'Ts

- Sanitary Items
  - ▣ Don't take too much and don't take nothing!

# Personal Gear



## DOs

- Other Items
  - ▣ Backpack
  - ▣ Water bottle
  - ▣ Suntan lotion
  - ▣ Notebook & pen
  - ▣ Camera
  - ▣ Money pocket
  - ▣ ID cards

## DON'Ts

- Other Items
  - ▣ Other items unrelated to our program are advised not to bring

# Important Issues



- **No late report or early leave** is allowed except with the official consent from the OC.
- Take your **own responsibility to keep safe of all your belongings** in the camp. You should bear your own costs if your property is lost.

# Grounding



- Be Punctual
- Recognitions
  - ★ Speak English
  - ★ On Time
  - ★ Be a good team player
  - ★ Keep the rules, your promises and commitments
  - ★ Demonstrate outstanding performance in overall

# Team Task #1



- Make your team board with these elements:
  - Share with Your Palm
  - A Team Name
  - A Team Slogan with body gestures
  - List 3 personal goals in RYLA Camp
  - Make a vision statement for your team
  - Consolidate 3 team goals in RYLA Camp
- Decide in your team:
  - A team leader & an assistant team leader (from O-day to the beginning of RYLA camp)

# Team Task #2



- Tasks to be completed **during RYLA camp:**
  - During breakfast, lunch & dinner time, 2 persons in each team say a few encouraging or supportive words in front of everybody.
  - RYLA Episode - Information will be provided on day 1 morning
  - A 5-minute cultural performance in the Night Show on day 3 evening.

# Team Task #3



- **Tasks to be completed at the end of RYLA Camp:**
  - A 5-minute time for the whole team to give a sharing to everybody
  - Exchange a gift to each of the other teams in closing ceremony on day 4 to show your appreciation of other teams' efforts on making contributions in RYLA camp. The gifts will be at your own costs.

# Stay Connected With Us



## **Official Website:**

<http://ryla.rotary3450.org/>



## **Official Facebook Page:**

<http://www.facebook.com/RYLA3450>

## **Facebook Group:**

Rotary International District 3450 RYLArrians